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Karl Mecklenburg



A Former Denver Broncos captain and All-Pro, Karl Mecklenburg rose from being a college walk-on and a 12th round draft pick to a pro career that included six Pro Bowl and three Super Bowl appearances. Considered the NFL's most versatile player, Karl played all seven defensive front positions. Bronco coaches wanted him at the point of attack and would move him throughout the game. There were many games where Mecklenburg played all 7 positions in the course of a single game.

Since retiring from pro football in 1995, Karl divides his time between family, motivational speaking, and his ongoing charity involvements. In 2001 Karl was inducted into the Denver Broncos Ring of Fame and the Colorado Sports Hall of Fame. He also serves on the Broncos Alumni Council.

Karl and his wife Kathi have both served on the board of directors for Pros with a Purpose working with the Denver Rescue Mission to pair homeless families with community mentor-teams. These teams help the families to help themselves by providing budgeting, spiritual and vocational guidance as well as financial support such as apartment security deposit funds. Karl is also a Trustee of Colorado Youth Outdoors. CYO brings high school students and their parents together to learn about and experience traditional outdoor sports.

Karl is a member of the National Speakers Association. He has enjoyed speaking to a variety of groups over the years, and his story is both humorous and inspirational. The lessons life in the NFL taught him about teamwork, courage, dedication, desire, honesty and forgiveness, and goal setting can be applied anywhere. Mecklenburg has used his special brand of motivation as an assistant football coach at Kent Denver High School. He has hosted a radio program, done television sideline reporting and studio work, written columns for the Denver Post and had magazine articles published. In 1987 he co-authored the book of Meck For The Defense.

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